

TERRAPIN MASTERS SWIM TEAM - MEN'S RECORDS - 50 METER								
(AS OF DECEMBER, 2005)								
AGE GROUP	EVENT	NAME	TIME	DATE	2nd BEST	DATE	3rd BEST	DATE
19-24								
	50 Free	Rob Butcher	25:10	8/2/1997				
	100 Free	Jeff Strahota	1:00:43	8/12-15/2004				
		John Diehl	1:02:40	8/20-23/1998	1:02:54	8/14-18/1997	1:04:05	8/2/1998
	200 Free	John Diehl	2:20:90	8/20-23/1998	2:27:77	8/2/1998	2:30:05	8/17-20/2000
	1500 Free	Jeff Strahota	20:08:57	7/11/2004				
	50 Back	John Diehl	33:33	8/20-23/1998	33:42	8/22-25/1996	33:49	8/17-20/2000
		Jeff Strahota	34:03	8/12-15/2004				
	100 Back	Jeff Strahota	1:11:86	8/12-15/2004				
		John Diehl	1:12:69	8/22-25/1996	1:14:72	8/14-18/1997	1:15:56	8/17-20/2000
	200 Back	Jeff Strahota	2:43:11	7/25/2004				
	50 Breast	Ken Myers	38:42	8/25-28/1994				
	100 Breast	Rob Butcher	1:10:40	8/2/1997				
		Ken Myers	1:24:34	8/25-28/1994				
	200 Breast	Ken Myers	3:05:93	8/25-28/1994				
	50 Fly	John Diehl	28:82	8/20-23/1998	28:87	8/22-25/1996	28:90	8/2/1997
		Jeff Strahota	30:09	8/12-15/2004				
	100 Fly	John Diehl	1:07:86	8/22-25/1996	1:08:15	8/20-23/1998	1:08:36	8/14-18/1997
		Jeff Strahota	1:08:40	8/12-15/2004	1:11:37	7/25/2004		
	200 IM	Jeff Strahota	2:43:01	7/25/2004				

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AGE GROUP	EVENT	NAME	TIME	DATE	2nd BEST	DATE	3rd BEST	DATE
25-29								
	50 Free	Rob Butcher	24:41	8/14-18/1997				
		Matt Haupt	24:92	7/13-16/2005				
		Chris Benedick	25:90	8/20-23/1998	26:23	8/14-18/1997	26:56	8/1/1999
		Sean West	25:91	8/14-18/1997	26:09	8/20-23/1998	26:52	7/26/1998
		Pete Fehring	27:27	6/11/2005				
	100 Free	Matt Haupt	53:18P	7/13-16/2005	53:30	7/13-16/2005	54:14	6/19/2005
		Chris Benedick	57:08	8/20-23/1998	57:58	8/14-18/1997	58:63	8/1/1999
		Rob Butcher	57:40	8/14-18/1997				
		Sean West	57:63	8/14-18/1997	59:01	8/2/1997	59:19	8/20-23/1998
	200 Free	Matt Haupt	1:56:97	7/13-16/2005	1:57:74P	7/13-16/2005		
		Sean West	2:10:01	8/14-18/1997	2:13:79	8/20-23/1998		
		Emad Elshafei	2:11:17	6/18/1994				
	400 Free	Emad Elshafei	4:35:46	7/7/1994				
		Jeff Strahota	4:56:02	7/24/2005				
	800 Free	Sean West	10:14:38	8/14-18/1997				
	1500 Free	Emad Elshafei	18:32:47	6/27/1993	18:51:30	6/26/1994		
	50 Back	Emad Elshafei	30:57	?/1994				
		Chris Benedick	30:69	8/14-18/1997	30:73	8/20-23/1998	31:46	8/2/1998
		Pete Fehring	34:31	6/11/2005				
	100 Back	Emad Elshafei	1:03:11	8/25-28/1994				
		Chris Benedick	1:05:73	8/20-23/1998	1:07:41	8/14-18/1997	1:13:30	8/17-20/2000
		Jeff Strahota	1:18:40	7/24/2005				
	200 Back	Emad Elshafei	2:18:70	8/25-28/1994				
		Chris Benedick	2:33:53	8/20-23/1998	2:44:74	8/2/1998		
		Jeff Strahota	2:37:79	7/24/2005				
	50 Breast	Rob Butcher	29:37	8/14-18/1997				
		Pete Fehring	32:74	6/11/2005				
		Richard Renyer	36:49	8/1/1999				
	100 Breast	Rob Butcher	1:05:76	8/14-18/1997				
		Pete Fehring	1:13:09	6/11/2005				
		Sean West	1:17:04	8/20-23/1998	1:20:48	8/2/1997	1:20:75	7/19/1998
		Chris Benedick	1:18:62	8/20-23/1998	1:22:20	8/2/1998		
	200 Breast	Rob Butcher	2:26:38	8/14-18/1997				
		Sean West	2:48:86	8/14-18/1997	2:49:91	8/20-23/1998		
		Emad Elshafei	2:51:60	6/18/1994				
	50 Fly	Chris Benedick	29:03	8/17-20/2000	29:15	8/1/1999		
		Pete Fehring	29:60	6/11/2005				
		Jeff Strahota	31:31	7/24/2005				
	100 Fly	Matt Haupt	56:11	6/19/2005	56:41P	7/13-16/2005	56:73	7/13-16/2005
		Noble Jarrell	1:40:72	8/29/2004				
	200 Fly	Matt Haupt	2:07:43	7/13-16/2005	2:07:54	6/19/2005	2:08:44P	7/13-16/2005
		Emad Elshafei	2:19:62	7/7/1994				
	200 IM	Emad Elshafei	2:19:17	8/25-28/1994	2:22:06	6/18/1994		
		Chris Benedick	2:26:99	8/14-18/1997				
		Sean West	2:27:42	8/14-18/1997	2:45:81	7/26/1998		
	400 IM	Emad Elshafei	4:58:29	8/25-28/1994	5:08:74	6/18/1994		

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30-34	50 Free	Mike Doane	26:15	8/13-17/2003				
		Michael Lee	26:33	5/4-5/2002				
		Sean West	26:70	7/30/2000	26:93	8/16-19/2001		
		Craig Dewing	27:19	8/4/2002				
		Emad Elshafei	27:89	7/30/2000				
	100 Free	Michael Lee	57:93	5/4-5/2002				
		Mike Doane	59:83	8/13-17/2003				
		Craig Dewing	1:00:83	8/4/2002	1:00:95			
	200 Free	Ed Switzer	1:04:56	7/29/2001				
		Michael Lee	2:15:00	5/4-5/2002				
		Craig Dewing	2:16:94	8/4/2002				
	400 Free	Ed Switzer	2:18:33	8/16-19/2001	2:19:70	7/29/2001		
		Chris Benedick	4:56:44	8/4/2002				
		Ed Switzer	5:02:20	8/16-19/2001				
	800 Free	Emad Elshafei	10:18:69	6/27/1999	10:18:87	6/18/2000	10:26:34	6/28/1998
		Craig Dewing	10:19:90	6/30/2002				
		Ed Switzer	10:38:76	7/1/2001				
	1500 Free	Michael Lee	20:57:67	6/27/1999				
		Jeff Hoyle	21:08:44	7/1/2001				
	50 Back	Emad Elshafei	30:67	8/17-20/2000	30:68	7/30/2000		
		Sean West	34:23	7/30/2000	35:06	8/16-19/2001		
	100 Back	Emad Elshafei	1:05:04	8/17-20/2000				
	200 Back	Emad Elshafei	2:24:46	8/17-20/2000				
	50 Breast	Mike Goodison	34:38	7/24/2005				
		Mike Doane	34:39	8/13-17/2003				
		Sean West	35:81	7/30/2000				
	100 Breast	Mike Goodison	1:24:03	7/25/2004				
		Mike Goodison	3:00:15	7/24/2005	3:12:65	7/25/2004		
	200 Breast	Jeff Hoyle	3:10:52	7/29/2001				
		50 Fly	Jeff Hoyle	30:50	7/29/2001			
		Ed Switzer	30:52	8/16-19/2001				
	100 Fly	Sean West	31:10	7/30/2000				
		Jeff Hoyle	1:15:24	7/29/2001				
200 Fly	Emad Elshafei	2:26:90	7/30/2000					
200 IM	Emad Elshafei	2:25:82	8/17-20/2000					
	Jeff Hoyle	2:44:63	7/29/2001					
400 IM	Emad Elshafei	5:11:88	8/17-20/2000					

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AGE GROUP	EVENT	NAME	TIME	DATE	2nd BEST	DATE	3rd BEST	DATE
35-39	50 Free	Andy Ellis	27:36	8/29/2004				
		Eric Nordlund	27:91	7/29/2001	28:00	8/16-19/2001	28:64	8/15-18/2002
		Steve Payne	31:96	7/25/1999	32:33	8/1/1999	33:15	7/18/1999
		Dan Carson	39:12	8/4/2002				
	100 Free	Andy Ellis	1:00:53	8/29/2004	1:01:39	7/25/2004	1:01:71	7/24/2005
		Emad Elshafei	1:01:00	7/25/2004	1:02:02	7/24/2005		
		Steve Payne	1:12:82	8/1/1999	1:15:56	8/1/1999	1:17:81	7/25/1999
		Dan Carson	1:33:68	8/4/2002				
	200 Free	Andy Ellis	2:03:59	6/19/2005	2:16:14	8/29/2004		
		Emad Elshafei	2:12:33	8/29/2004	2:22:54	6/22/2003		
		Steve Payne	2:44:68	8/1/1999	2:48:07	7/25/1999	2:57:16	7/18/1999
	400 Free	Emad Elshafei	4:47:27	7/25/2004				
		Andy Ellis	4:56:70	7/25/2004				
		Eric Nordlund	4:59:24	8/16-19/2001	5:03:70	7/29/2001		
	800 Free	Emad Elshafei	10:01:17	7/11/2004				
		Eric Nordlund	10:29:53	8/16-19/2001	11:28:72	8/15-18/2002		
		Steve Payne	12:48:89	8/1/1999	13:12:66	6/27/1999		
	1500 Free	Eric Nordlund	20:10:17	7/1/2001				
		Jim Nealis	29:31:75	7/2/1995	29:35:60	6/26/1994	30:43:70	6/27/1993
	50 Back	Emad Elshafei	30:42	8/4/2002	30:47	7/29/2001	31:01	6/22/2003
		Eric Nordlund	33:51	7/29/2001	35:19	8/4/2002		
	100 Back	Emad Elshafei	1:03:80	8/13-17/2003	1:06:16	8/4/2002	1:06:77	6/22/2003
		Eric Nordlund	1:16:15	7/29/2001	1:16:27	8/16-19/2001	1:18:11	8/15-18/2002
	200 Back	Emad Elshafei	2:21:19	8/13-17/2003	2:25:57	8/4/2002	2:26:42	6/22/2003
		Eric Nordlund	2:54:45	8/16-19/2001				
	50 Breast	Emad Elshafei	35:36	8/29/2004				
	100 Breast	Emad Elshafei	1:16:95	8/29/2004				
	200 Breast	Emad Elshafei	2:52:40	8/29/2004				
	50 Fly	Emad Elshafei	29:34	8/29/2004				
	100 Fly	Emad Elshafei	1:05:63	7/24/2005				
		Andy Ellis	1:08:86	7/24/2005				
	200 Fly	Emad Elshafei	2:33:81	7/29/2001				
	200 IM	Emad Elshafei	2:21:40	8/13-17/2003				
Steve Payne		3:25:66	7/25/1999					
400 IM	Emad Elshafei	5:04:02	8/13-17/2003	5:19:77	7/29/2001			

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AGE GROUP	EVENT	NAME	TIME	DATE	2nd BEST	DATE	3rd BEST	DATE	
40-44	50 Free	Eric Nordlund	28:33	7/20/2003	30:27	6/19/2005			
		Curt Reynolds	28:99	8/29/2004					
		Bill Shipp	30:22	7/25/2004	30:63	8/29/2004			
		Steve Payne	32:97	7/24/2005	32:99	6/19/2005			33:86
	100 Free	Eric Nordlund	1:06:24	6/22/2003	1:08:40	7/25/2004			
		Bill Shipp	1:07:67	8/29/2004					
		Steve Payne	1:16:09	6/19/2005					
	200 Free	Curt Reynolds	2:24:36	8/29/2004	2:37:16	7/25/2004			
		Bill Shipp	2:30:34	8/29/2004					
		Eric Nordlund	2:34:91	6/22/2003					
		Steve Payne	2:52:36	7/24/2005					
	400 Free	Eric Nordlund	5:42:65	7/20/2003	6:12:74	8/29/2004			
		Steve Payne	6:10:59	7/24/2005					
	1500 Free	Curt Reynolds	20:41:80	7/11/2004					
	50 Back	Curt Reynolds	33:30	8/29/2004	37:83	6/19/2005			
		Eric Nordlund	36:42	6/22/2003					
	100 Back	Curt Reynolds	37:15	7/25/2004	1:14:45	7/25/2004			
		Eric Nordlund	1:14:45	7/25/2004					
	200 Back	Curt Reynolds	1:22:68	6/22/2003					
	50 Breast	Curt Reynolds	2:42:26	8/29/2004					
	50 Breast	Curt Reynolds	38:39	8/29/2004	53:27	8/29/2004			
		Steve Payne	53:27	8/29/2004					
	100 Breast	Eric Nordlund	1:47:89	6/19/2005					
	50 Fly	Curt Reynolds	30:40	7/25/2004	45:57	6/23/2002			
		Steve Payne	45:57	6/23/2002					
	100 Fly	Curt Reynolds	1:12:58	7/25/2004					
	200 IM	Curt Reynolds	2:42:57	7/25/2004	2:49:14	8/29/2004			
		Bill Shipp	2:49:14	8/29/2004					
		Steve Payne	3:32:16	6/23/2002					
	45-49	50 Free	Mike Lockard	52:13	7/30/2000				
100 Free		Curt Reynolds	1:02:76	8/27-28/2005	1:06:16	7/24/2005			
		Bill Shipp	1:06:16	7/24/2005					
200 Free		Curt Reynolds	2:20:82	8/27-28/2005	2:31:73	6/19/2005			
		Bill Shipp	2:31:73	6/19/2005					
400 Free		Bill Shipp	5:25:52	7/24/2005	9:22:85	7/30/2000			
		Mike Lockard	9:22:85	7/30/2000					
800 Free		Curt Reynolds	10:45:99	8/27-28/2005	14:53:44	7/10/2005			
		Jim Nealis	14:53:44	7/10/2005					
1500 Free		Mike Lockard	37:30:71	8/17-20/2000	40:07:21	7/1/2001			
50 Back		Curt Reynolds	32:49	6/19/2005					
100 Back		Curt Reynolds	1:11:30	6/19/2005					
200 Back		Curt Reynolds	2:41:99	8/27-28/2005	3:01:79	7/24/2005			
		Bill Shipp	3:01:79	7/24/2005					
		Jim Nealis	3:53:20	6/19/2005					
50 Breast		Charlie Hoffman	37:28	7/25/1999	51:54	6/19/2005			
		Jim Nealis	51:54	6/19/2005					
100 Breast		Curt Reynolds	1:21:36	8/27-28/2005	1:27:21	7/25/1999			
		Charlie Hoffman	1:27:21	7/25/1999					
50 Fly		Bill Shipp	33:10	7/24/2005	54:30	6/19/2005			
		Jim Nealis	54:30	6/19/2005					
100 Fly		Curt Reynolds	1:07:40	6/19/2005					
200 IM		Curt Reynolds	2:33:21	6/19/2005					
400 IM		Curt Reynolds	5:50:41	8/27-28/2005					

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50-54								
	800 Free	Charlie Hoffman	12:09:26	6/29/2003	13:09:92	6/18/2000		
	50 Back	Dave Diehl	36:92	7/?/1992	37:61	8/22-25/1996	37:99	7/?/1993
	100 Back	Dave Diehl	1:29:73	8/22-25/1996	1:38:93	7/?/1993		
	200 Back	Dave Diehl	3:26:33	8/22-25/1996	3:37:63	8/11/1996		
	50 Breast	Charlie Hoffman	35:91	8/17-20/2000	37:77	8/15-18/2002	38:29	8/13-17/2003
		Dave Diehl	44:20	7/?/1992	44:63	8/22-25/1996		
	100 Breast	Charlie Hoffman	1:22:81	8/17-20/2000	1:25:11	8/4/2002	1:25:47	6/22/2003
		Dave Diehl	1:42:57	8/22-25/1996	1:43:38	7/?/1993	1:45:47	8/11/1996
	200 Breast	Charlie Hoffman	3:04:37	8/17-20/2000	3:07:95	8/13-17/2003	3:11:52	6/22/2003
	50 Fly	Charlie Hoffman	31:20	8/15-18/2002	31:91	8/13-17/2003	32:07	6/22/2003
55-59								
	50 Back	Dave Diehl	37:70	8/20-23/1998	37:86	8/2/1998	37:92	8/17-20/2000
	100 Back	Dave Diehl	1:31:37	8/14-18/1997	1:32:52	8/17-20/2000	1:32:81	7/30/2000
	200 Back	Dave Diehl	3:29:19	8/20-23/1998	3:29:83	8/14-18/1997	3:34:86	8/2/1998
	50 Breast	Charlie Hoffman	37:79	8/11-15/2005	38:43	6/19/2005	39:89	7/24/2005
		Dave Diehl	44:30	8/20-23/1998	45:19	8/14-18/1997	45:45	8/2/1997
	100 Breast	Charlie Hoffman	1:22:95	8/11-15/2005				
		Dave Diehl	1:41:87	8/14-18/1997	1:44:84	8/20-23/1998	1:46:46	8/2/1997
	200 Breast	Charlie Hoffman	3:08:53	8/11-15/2005	3:10:68	6/19/2005	3:15:83	7/24/2005
	50 Fly	Charlie Hoffman	31:90	8/11-15/2005	32:04	7/24/2005	33:04	6/19/2005
	100 Fly	Charlie Hoffman	1:17:94	8/11-15/2005				
60-64								
	50 Back	Dave Diehl	38:18	8/15-18/2002	39:38	8/12-15/2004	39:54	8/13-17/2003
	100 Back	Dave Diehl	1:36:73	8/15-18/2002	1:38:34	8/12-15/2004		
	200 Back	Dave Diehl	3:48:83	8/12-15/2004				
	50 Breast	Dave Diehl	46:81	8/15-18/2002				
65-69								
	50 Free	Bill Campbell	38:14	7/?/1992				
	200 Free	Robert Benson	3:15:32	8/17-20/2000				
	400 Free	Robert Benson	7:18:97	8/17-20/2000				
	800 Free	Robert Benson	15:10:65	8/17-20/2000				
	1500 Free	Robert Benson	28:09:44	6/18/2000				
80-84								
	100 Free	Harvey Geller	2:22:77	7/20/2003				
	50 Breast	Harvey Geller	1:13:70	7/20/2003				
	100 Breast	Harvey Geller	2:52:92	7/20/2003				
Men 120+ 200 Medley Relay								
	D.Diehl,S.West,J.Diehl,Benedick		2:08:00	8/20-23/1998				

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NOTE: The "Top Three" times are the three fastest times for the team. People listed fourth or fifth are curren/recent swimmers, but their times may not be the 4th or 5th fastest in team history.								
R= Relay lead-off								
P= Prelim. Time								
Note: Chris Benedick's 50 Back of 29:49 in 1994 set a National Record.								
Meets:								
8/27-28/2005	Colonies Zones LC Championships at George Mason							
8/11-15/2005	USMS LC Championships at Mission Viejo							
7/24/2005	DCRP Long Course Meet at Hains Point							
7/13-16/2005	Potomac Valley Senior LC Meet at College Park							
7/10/2005	Terrapin Masters 800/1500 Meet at College Park							
6/19/2005	Terp Cup Meet at College Park							
6/11/2005	Virginia Masters Long Course Meet at Norfolk							
8/29/2004	Potomac Valley Last Chance Meet at George Mason							
8/12-15/2004	USMS LC Championships at Savannah							
7/25/2004	DCRP Long Course Meet at Hains Point							
7/11/2004	Terrapin Masters 800/1500 Meet							
8/13-17/2003	USMS LC Championships at Rutgers							
7/20/2003	DC Masters LC Meet at Hains Point							
6/29/2003	Terrapin Masters 800/1500 Meet							
6/22/2003	Patriot Masters LC Meet at George Mason							
8/15-18/2002	USMS LC Championships at Cleveland							
8/4/2002	DC Masters LC Meet							
6/30/2002	Terrapin Masters 800/1500 Meet							
6/23/2002	George Mason LC Meet							
5/4-5/2002	Potomac Valley Early Bird LC Meet at Prince George's Sports Complex							
8/16-19/2001	USMS LC Championships at Seattle (Federal Way)							
7/29/2001	DC Masters LC Meet							
7/1/2001	Terrapin Masters 800/1500 Meet							
8/17-20/2000	USMS LC Championships at UMBC							
7/30/2000	DC Masters LC Meet							
6/18/2000	Terrapin Masters 800/1500 Meet							
8/1/1999	DC Masters LC Meet							
7/25/1999	Maryland Masters LC Meet at UMBC							
7/18/1999	DCRP Hains Point Meet							
6/27/1999	Terrapin Masters 800/1500 Meet							
8/20-23/1998	USMS LC Championships at Ft. Lauderdale							
8/2/1998	DC Masters LC Meet at Largo							
7/26/1998	Maryland Masters LC Meet at UMBC							
7/19/1998	DCRP LC Meet							
6/28/1998	Terrapin Masters 800/1500 Meet							
8/14-18/1997	USMS LC Championships at							
8/2/1997	DC Masters LC Meet at Largo							
8/22-25/1996	USMS LC Championships at Ann Arbor							
8/11/1996	DC Masters LC Meet at Largo							
7/2/1995	Terrapin Masters 800/1500 Meet							
8/25-28/1994	USMS LC Championships at Buffalo							
7/?/1994	DC Masters LC Meet at Hains Point							
6/26/1994	Terrapin Masters 800/1500 Meet at Rockville							
6/18/1994	DC Masters Jump Start Challenge at Oak Marr Pool, Oakton							
?/1994	LC Meet at Largo							
7/?/1993	DC Masters LC Meet							
6/27/1993	Terrapin Masters 800/1500 Meet at Rockville							
7/?/1992	DCRP LC Meet							