

TERRAPIN MASTERS SWIM TEAM - WOMEN'S RECORDS - 50 METER								
(AS OF DECEMBER, 2004)								
AGE GROUP	EVENT	NAME	TIME	DATE	2nd BEST	DATE	3rd BEST	DATE
19-24	50 Free	Meredith Stakem	28:30	8/16-19/2001	28:72	8/15-18/2002	28:76	7/29/2001
		Julia Tate	33:64	6/19/2005				
	100 Free	Adrienne Pica	1:20:48	6/19/2005				
		200 Free	Meredith Stakem	2:21:20	8/15-18/2002	2:23:51	8/4/2002	
		Lillian Hnath	2:22:56	8/29/2004				
		Adrienne Pica	3:01:00	6/19/2005				
	400 Free	Mollie McGroarty	6:36:02	7/19/1993				
	800 Free	Anna Ratliff	13:03:74	7/1/2001				
	50 Back	Meredith Stakem	33:79	8/16-19/2001	34:78	7/29/2001	35:15	8/15-18/2002
		Lillian Hnath	36:03	8/29/2004				
		Julia Tate	43:70	6/19/2005				
	50 Breast	Julia Tate	45:73	7/24/2005				
	100 Breast	Jill Martin	1:12:76	8/5-9/2003	1:14:75f	7/10-13/2003	1:15:36p	7/10-13/2003
	200 Breast	Jill Martin	2:38:43	8/5-9/2003	2:44:07	7/10-13/2003		
		Mollie McGroarty	3:51:00	7/19/1993				
	50 Fly	Adrienne Pica	40:07	6/19/2005				
		Julia Tate	43:62	6/19/2005				
25-29	50 Free	Petra Adamkova	26:67f	7/10-13/2003	26:96	8/5-9/2003	26:99	8/27-28/2005
		Kelly Bowman	28:75	6/19/2005				
		Mollie McGroarty	35:59	7/19/1995				
		Debbie Morrin	35:94	7/19/1992				
	100 Free	Kelly Bowman	1:02:60	6/19/2005				
	200 Free	Jane Kleine	2:17:17	8/25-28/1994				
		Kristine Gerbus	2:53:44	7/19/1995				
		Mollie McGroarty	3:02:17	6/18/1994				
	400 Free	Jane Kleine	4:42:99	8/25-28/1994				
		Mollie McGroarty	5:54:14	8/11/1996	5:59:64	7/19/1995		
		Karen Van Gilder	6:25:74	8/17-20/2000				
	800 Free	Jane Kleine	9:46:31	8/25-28/1994				
		Mollie McGroarty	12:18:22	7/19/1995				
		Karen Van Gilder	13:18:30	6/27/1999				
	1500 Free	Mollie McGroarty	23:38:58	7/2/1995				
	50 Back	Debbie Morrin	47:25	7/19/1992				
	100 Back	Debbie Morrin	1:46:65	7/19/1992				
	50 Breast	Petra A. Martin	33:60	8/27-28/2005	34:28	6/19/2005		
		Debbie Morrin	46:12	7/19/1992				
	100 Breast	Petra Adamkova	1:17:03f	7/10-13/2003	1:17:49p	7/10-13/2003		
		Debbie Morrin	1:41:18	7/19/1992				
	200 Breast	Mollie McGroarty	3:43:95	6/18/1994				
	50 Fly	Kristine Gerbus	39:17	7/19/1995				
		Karen Van Gilder	43:15	8/17-20/2000				
	200 IM	Mollie McGroarty	3:13:84	8/11/1996	3:27:55	6/18/1994		

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30-34	50 Free	Jane Kleine	29:51	8/14-18/1997	29:84	8/20-23/1998		
		Debbie Morrin	35:33	7/?/1993				
	100 Free	Jane Kleine	1:03:77	8/14-18/1997	1:03:97	8/22-25/1996	1:04:43	8/20-23/1998
		Jane Kleine	2:15:94	8/14-18/1997	2:15:99	8/22-25/1996	2:18:00	8/20-23/1998
	400 Free	Jane Kleine	4:44:06	8/22-25/1996	4:45:24	8/14-18/1997	4:48:20	7/26/1998
	800 Free	Jane Kleine	9:35:95	8/20-23/1998	9:45:29	8/14-18/1997	9:50:35	8/22-25/1996
		Debbie Morrin	12:53:10	7/2/1995				
	50 Back	Debbie Morrin	46:49	8/25-28/1994	46:65	7/?/1993	46:84	7/?/1995
	100 Back	Debbie Morrin	1:35:51	7/?/1995	1:41:31	8/25-28/1994	1:41:80	7/23/1995
	200 Back	Debbie Morrin	3:32:62	8/14-18/1997	3:34:16	8/2/1997		
	50 Breast	Debbie Morrin	44:50	8/22-25/1996	44:75	8/14-18/1997	45:87	7/?/1995
		Marisa Frieder	45:02	8/17-20/2000	45:29	7/29/2001		
	100 Breast	Jane West	1:27:46	8/2/1997	1:28:37	7/18/1999	1:29:80	8/1/1999
		Debbie Morrin	1:37:01	8/22-25/1996	1:37:67	8/14-18/1997	1:37:78	7/23/1995
		Marisa Frieder	1:38:71	7/29/2001	1:40:31	8/17-20/2000		
	200 Breast	Debbie Morrin	3:29:49	7/?/1995	3:29:89	7/23/1995	3:32:01	8/14-18/1997
	200 IM	Jane West	2:42:69	8/11/1996	2:43:66	8/22-25/1996	2:44:41	8/14-18/1997
Marisa Frieder		3:30:06	7/29/2001	3:32:01	8/17-20/2000			
35-39	50 Free	Jane West	30:10	8/16-19/2001				
	100 Free	Meghan Gibbons	1:37:76	6/19/2005				
		Diana Corbin	1:46:41	8/29/2004				
	200 Free	Jane West	2:20:75	7/30/2000				
		Diana Corbin	3:42:57	8/29/2004				
	400 Free	Jane West	4:49:18	7/30/2000	4:53:40	8/16-19/2001		
	800 Free	Jane West	9:56:35	8/16-19/2001				
		Julie Ernstein	13:35:11	6/27/1999				
		Donna Elshafei	13:35:38	6/18/2000				
	50 Back	Diana Corbin	16:08:78	8/29/2004				
		Donna Elshafei	39:96	8/17-20/2000	40:02	7/29/2001		
	100 Back	Debbie Morrin	49:39	7/30/2000	50:20	6/23-29/1997		
		Donna Elshafei	1:28:41	8/17-20/2000	1:30:01	7/29/2001		
		Debbie Morrin	1:40:48	8/20-23/1998	1:42:01	6/23-29/1997	1:42:99	8/19-23/1999
	200 Back	Meghan Gibbons	2:03:34	6/19/2005				
		Donna Elshafei	3:12:33	8/17-20/2000				
	50 Breast	Debbie Morrin	3:30:08	8/20-23/1998	3:34:40	7/19/1998	3:37:49	8/19-23/1999
Donna Elshafei		44:49	8/20-23/1998	45:73	6/23-29/1997	45:85	7/19/1998	
100 Breast	Donna Elshafei	46:55	7/29/2001	47:19	8/17-20/2000			
	Debbie Morrin	1:37:90	8/20-23/1998	1:38:49	7/26/1998	1:38:99	6/23-29/1997	
200 Breast	Debbie Morrin	3:34:90	7/25/1999	3:34:96	7/19/1998	3:35:10	7/26/1998	
50 Fly	Diana Corbin	58:94	8/29/2004					
200 IM	Jane West	2:54:66	7/30/2000					
400 IM	Debbie Morrin	7:40:09	8/19-23/1999					
40-44	50 Free	Donna Elshafei	36:12	8/29/2004				
	100 Free	Cheryl Wagner	1:24:31	7/?/1993				
	50 Back	Donna Elshafei	40:55	8/29/2004				
		Debbie Morrin-Nordlund	50:74	8/4/2002				
	100 Back	Donna Elshafei	1:29:86	8/29/2004				
		Debbie Morrin-Nordlund	1:48:98	8/15-18/2002	1:49:38	8/4/2002	1:51:11	6/22/2003
	200 Back	Donna Elshafei	3:19:24	8/29/2004				
		Debbie Morrin-Nordlund	3:50:01	8/15-18/2002				
	50 Breast	Debbie Morrin-Nordlund	50:83	8/4/2002	51:30	8/29/2004		
	100 Breast	Debbie Morrin-Nordlund	1:49:91	8/4/2002	1:51:91	8/29/2004	1:54:22	6/22/2003
	200 Breast	Debbie Morrin-Nordlund	3:52:19	7/20/2003	3:52:41	8/15-18/2002	4:01:39	6/22/2003
50 Fly	Donna Elshafei	44:12	8/29/2004					
200 IM	Cheryl Wagner	3:51:50	7/?/1993					

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45-49								
	50 Free	Myriam Pero	37:03	8/11/1996				
	100 Free	Myriam Pero	1:22:66	8/11/1996				
	400 Free	Myriam Pero	6:31:57	8/11/1996				
	800 Free	Myriam Pero	13:23:60	8/11/1996				
	1500 Free	Cheryl Wagner	24:22:67	7/1/2001				
50-54								
	50 Free	Cheryl Wagner	35:40	7/25/2004	36:68	7/24/2005		
	100 Free	Cheryl Wagner	1:20:69	7/24/2005	1:21:63	7/25/2004		
	400 Free	Cheryl Wagner	6:10:90	7/25/2004				
	1500 Free	Cheryl Wagner	24:05:14	6/30/2002	24:38:56	6/29/2003	24:40:19	7/11/2004
	50 Fly	Cheryl Wagner	45:29	7/24/2005				
	200 IM	Cheryl Wagner	3:51:22	7/24/2005				
	400 IM	Cheryl Wagner	8:12:00	7/24/2005				
WOMEN RELAYS								
	None							
MIXED RELAYS								
Mixed 120-159 200 Free Relay								
	Stakem,J.West,Switzer,S.West		2:12:62	8/16-19/2001				
Note: Petra Adamkova's time of 26:67 in the 50 Free in 2003 set a National Record.								
Petra's time of 33:60 in the 50 Breast in 2005 set a National Record.								
Note: At the June 23-29, 1997 Pan Pacific Meet, Debbie Morrin was 34, but FINA required her to be listed in the 35-39 age group for international meets.								
R= Relay lead-off, f and p mean final and preliminary swim time at same meet								

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AGE GROUP	EVENT	NAME	TIME	DATE	2nd BEST	DATE	3rd BEST	DATE
Meets:								
8/27-28/2005	Colonies Zones LC Championships at George Mason							
7/24/2005	DCRP Long Course Meet at Hains Point							
6/19/2005	Terp Cup Meet at College Park							
8/29/2004	Potomac Valley Last Chance Meet at George Mason							
7/25/2004	DCRP Long Course Meet at Hains Point							
7/11/2004	Terrapin Masters 800/1500 Meet							
8/5-9/2003	US Summer LC Nationals at College Park							
7/20/2003	DC Masters LC Meet at Hains Point							
7/10-13/2003	Potomac Valley Seniors at George Mason							
6/29/2003	Terrapin Masters 800/1500 Meet							
6/22/2003	Patriot Masters LC Meet at George Mason							
8/15-18/2002	USMS LC Championships at Cleveland							
8/4/2002	DC Masters LC Meet							
6/30/2002	Terrapin Masters 800/1500 Meet							
8/16-19/2001	USMS LC Championships at Seattle(Federal Way)							
7/29/2001	DC Masters LC Meet							
7/1/2001	Terrapin Masters 800/1500 Meet							
8/17-20/2000	USMS LC Championships at UMBC							
7/30/2000	DC Masters LC Meet							
6/18/2000	Terrapin Masters 800/1500 Meet							
8/19-23/1999	USMS LC Championships at							
8/1/1999	DC Masters LC Meet							
7/25/1999	Maryland Masters LC Meet at UMBC							
6/27/1999	Terrapin Masters 800/1500 Meet							
8/20-23/1998	USMS LC Championships at Ft. Lauderdale							
7/26/1998	Maryland Masters LC Meet at UMBC							
7/19/1998	DCRP LC Meet							
8/14-18/1997	USMS LC Championships at Orlando							
8/2/1997	DC Masters LC Meet at Largo							
6/23-29/1997	Masters Pan Pacifics at Maui							
8/22-25/1996	USMS LC Championships at Ann Arbor							
8/11/1996	DC Masters LC Meet at Largo							
7/2/1995	DC Masters LC Meet							
7/23/1995	DC LC Invitational							
8/25-28/1994	USMS LC Championships at Buffalo							
6/18/1994	DC Masters Jump Start Challenge at Oak Marr Pool, Oakton							
7/7/1993	DC Masters LC Meet							
7/7/1992	DCRP LC Meet							